



Official Name:-	Vasa			
English Name	Malabar nut			
Botanical Name :-.	<i>Adhatoda vasica</i>			
Family :-	Acanthaceae			
Taxonomical Classification	KINGDOM :- Plantae SUBKINGDOM :- Angiospermae SUPERDIVISION :- Spermatophyta DIVISION :- Magnoliophyta CLASS :- Angiosperms SUBCLASS :- ORDER :- Lamiales FAMILY :- Acanthaceae GENUS :- Adhatoda SPECIES :- vasica			
Synonyms:-	Vasa, Ativisha, Arushka, Simhasya, Vrisha, Adivisha, Vasak			
Habitat :-	India, South-East Asia			
Botanical Identification	Habit	Shrub, evergreen		
	Root	Taproot, fibrous roots		
	Stem/Bark	Woody, quadrangular, glabrous		
	Leaves	Phyllotaxy	Opposite	
		Simple/Compound	Simple	
Lamina		Simple, Lanceolate		
	Texture	Smooth		



	<ul style="list-style-type: none"> <li>• CAPSULE:- Contain dried and powdered vasa leaf.</li> <li>• TABLETS:- Containing dried and powdered vasa leaves.</li> <li>• OIL:- Used for topical application.</li> </ul>						
Adulteration/Substitution:-)	Laksha and Ashoka are substitutes of Vasa						
Cultivation:-	Planting during monsoon to early winter Soil- well drained soil						
Flowering season:-	During June to October and warm weather						
Harvesting:-	During September to April						
Present Status- Endangered/ Not concerned/Extinct	Not concerned						
Conservation method:-							
Main Uses:-	क्षय, कास, छर्दि, कुष्ठ, ज्वर, तृष्णा, हृदय, श्वासहर, अरूचि, रक्तपित्त, कामला						
Part used:-	Leaves, roots, flowers, bark						
Dose	Medicinal Dose:-	Leaves powder:- 1-3g Flower powder:- 250-1000mg Root powder:- 250-500mg Leaf juice:- 5-10ml					
	Toxic Dose:-	4-5g/kg of b.wt.					
	Fatal Dose:-	6-7g of leaves					
Toxicity (if any) toxic constituent -							
Antidote or treatment (if any)-	पंचकर्म, रसायन						
Purification (if any)	Nil						
Formulations:-	<table border="1"> <thead> <tr> <th>Formulation</th> <th>Rogadhikara</th> <th>Reference</th> </tr> </thead> <tbody> <tr> <td> <ul style="list-style-type: none"> <li>• वासाव लेह</li> <li>• वासा चूर्ण</li> <li>• वासा घृत</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• Rajayakshma</li> <li>• Kustha, jwara</li> </ul> </td> <td>           भै.र.36-39            भा.नि.89-90            अ.ह.चि.2/42-44         </td> </tr> </tbody> </table>	Formulation	Rogadhikara	Reference	<ul style="list-style-type: none"> <li>• वासाव लेह</li> <li>• वासा चूर्ण</li> <li>• वासा घृत</li> </ul>	<ul style="list-style-type: none"> <li>• Rajayakshma</li> <li>• Kustha, jwara</li> </ul>	भै.र.36-39 भा.नि.89-90 अ.ह.चि.2/42-44
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Special information (if any)							